



HEALTH SCREENING

Riverwood Healthcare Center – Garrison Clinic

27278 State Hwy 1
Garrison, MN 56450

Thursday, October 17th, 2024
7:30 AM – 10:30 AM

Schedule your screening today!

Tests Include: Chem30, Total Cholesterol, HDL, LDL, Triglycerides, Hba1c Reflex, Optional Buy-ups
Blood Pressure, Height, Weight, Waist Circumference and BMI.

9 hour fast recommended. Black coffee and water permitted.

TO SCHEDULE YOUR ONSITE APPOINTMENT:

1. Go to <https://www.ehealthscreenings.com/signup>.
2. If you have participated in a previous screening facilitated by eHealthScreenings, enter your username and password and click **Submit**. On the following screen under Step 1, enter the Screening Key: **HAY38** and Click to **Select**. If you have not participated in a screening, under the **NOT YET REGISTERED?** box, enter the Screening key: **HAY38** and click **Submit**. Enter your assigned default username and password. For your assigned default username and password use the following format:
USERNAME: First Initial + Last Initial + DOB (MMDDYYYY) (example: John Smith born 4/23/1975 is JS04231975)
PASSWORD: Last Name + Last 4 SSN (example: John Smith with social 123456789 is Smith6789)
**Username and Password are case sensitive*
3. Select **Click to Select** within the Onsite Screening section.
4. If you would like to opt in for a text message reminder, select **Yes**, type in your cell number and click **Submit**. If you do not want the text message reminder, select **No** and click **Submit**.
5. Use the drop-down function to choose your desired location, date and time. Click **Register**.
6. Select your Comfort Level by using the drop-down function and click **Finish**. You will be able to review & change your answers before continuing.
7. To select the standard testing panel click **Continue** at the top of the page. To request an optional buy up test at your own expense select the desired test(s) in the middle of the page, and then select Checkout at the bottom of the screen. Complete payment info to purchase the additional tests. ***You may only purchase optional testing online & at least 36 hours in advance***
8. Acknowledge the Health Screening Consent by checking the "I agree" box located at the bottom of the consent. Enter first & last name in the Signature section. Click **Continue**.
9. Once you have completed the sign-up process, a confirmation page will be generated for you to print for your records. You will also receive a confirmation email with the same information just after scheduling your appointment and 24 hours before your appointment time.

REMEMBER: Fasting is recommended (no food or drinks with calories) for 9 hours before your appointment.

Please drink plenty of water. Black coffee is permitted. Continue to take any prescription medications. If you have a condition that makes it difficult to fast, please consult your physician before fasting.