

Our Team

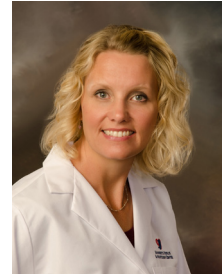
The Minnesota Reflux and Heartburn Center has a staff of highly trained and experienced physicians specializing in reflux who are assisted by physician assistants, nurses, dietitians, and technicians to provide the best service for patients. They provide patients suffering from reflux disease and heartburn with clinical excellence and compassionate understanding.

The team is dedicated to the treatment of heartburn, acid reflux, and other disorders in a highly specialized treatment center with the latest diagnostic equipment. The physicians are renowned for their expertise in advanced minimally invasive reflux surgery.



Schedule a Consultation

Your evaluation and GERD education is one phone call away. Contact Dawn Harcey, R.N., the specially trained Nurse Coordinator of the Minnesota Reflux and Heartburn Center. She will walk you through a customized plan of care made specifically for you and your symptoms. **If you are tired of heartburn controlling your life, call (218) 429-3930 or send a message to dharcy@riverwoodhealthcare.org today.**



MINNESOTA REFLUX
& HEARTBURN CENTER

 **Aitkin**
(218) 927-2121

www.mnheartburn.org



MINNESOTA REFLUX
& HEARTBURN CENTER

Comprehensive Reflux and Heartburn Center

The Minnesota Reflux and Heartburn Center is a comprehensive, patient-centered initiative focused on providing a solution of testing and therapies for any and all patients with gastroesophageal reflux disease (GERD), heartburn, and esophageal symptoms.

The Center provides smooth access to comprehensive treatment of GERD as a service to patients and referring physicians. Various physician specialists treat advanced GERD on the same team with the goal of clinical excellence delivered in a manner that produces outstanding patient satisfaction.

All options of testing and treatment are available to patients. Patient education and participation in treatment decisions is paramount and the process is streamlined by eliminating long waits between appointments. Patients have a designated expert contact readily available and all physicians involved in the treatment communicate together and supply unified care.

Center specialists are available for patient appointments at Cuyuna Regional Medical Center's Crosby and Baxter locations and at Riverwood Healthcare Center in Aitkin. Patients may be referred by their primary care physician or seek more information by contacting the Minnesota Reflux and Heartburn Center's specially trained Nurse Coordinator Dawn Harcey, R.N., at (218) 429-3930.

Evaluation

If you think you have gastroesophageal reflux disease (GERD) and heartburn, take this quick self-assessment. If you answer YES to one or more of these questions, there is a good chance you may have GERD and heartburn requiring treatment.

- Do I get a burning feeling in the middle of my chest?
- Do I often have a burning feeling after a meal or at night?
- Does this burning feeling get worse when I lie down or bend over?
- Do over-the-counter medicines, such as acid reducers or antacids, help the burning go away?
- Do I frequently regurgitate (burp up) my food?
- Is there a bitter or sour taste in the back of my throat?

Thorough evaluations performed at the Minnesota Reflux and Heartburn Center help GERD and heartburn sufferers understand their treatment options. We provide a visual, microscopic, physiologic and functional evaluation of GERD and the esophagus.

Diagnostics

Given how common reflux and heartburn are, many patients are initially diagnosed and treated based solely on their history of symptoms. Many patients are already on an over-the-counter medication before they seek medical attention. If the reflux is mild enough that it completely resolves with over-the-counter medications, often no further work up is pursued. However, it is important to remember that although the symptoms are treated with medications, the actual reflux of stomach contents never stops, meaning that damage to the esophagus could be happening silently.

The Minnesota Reflux and Heartburn Center offers all diagnostic methods at one location, minimizing the number of appointments.

