

MINNESOTA REFLUX & HEARTBURN CENTER

In 2015, Riverwood Healthcare Center & Cuyuna Regional Medical Center launched the Minnesota Reflux and Heartburn Center (MRHC) in Aitkin and Crosby.

The center has a staff of highly trained and experienced physicians specializing in reflux who are assisted by nurse practitioners, nurses, dietitians, and technicians to provide the best service for patients.



Reflux Specialists:

Dr. Andrew Loveitt, Dr. Tim LeMieur, Dr. Howard McCollister, Dr. Shawn Roberts, & Dr. Paul Severson

Leading Edge Diagnostics

- High Resolution Esophageal Manometry with Impedance
- Ambulatory Bravo 48 Hour pH Testing
- 24 Hour Esophageal Impedance-pH Testing
- Restech Oropharyngeal pH Testing
- Cellvizio Confocal Laser Endomicroscopy
- Endoflip: Diagnostic, Therapeutic and Intra-operative
- WATS 3D CDX Studies for Barrett's Esophagus

Anti-Reflux Surgical Treatments

- LINX magnetic Sphincter Augmentation Procedure
- Nissen Fundoplication
- Toupet Fundoplication
- Collis - Nissen Gastroplasty
- Hiatal and Para Esophageal Herniorrhaphy
- Revisional Anti-Reflux Procedures

The Center provides smooth access to comprehensive diagnostic and or treatment of GERD as a service to patients or referring providers.

WHO to Refer:

- Patients treated for reflux on PPI's for many years
- Patients who are considering discontinuing PPI's
- Non-cardiac chest pain
- Patients who are having breakthrough reflux symptoms while taking PPI's or H2 Blockers
- Patients with Dysphagia
- Patients with family history of esophageal cancer
- Patients with obesity and reflux symptoms

HOW to Refer:

Contact Dawn Harcey, MRHC
Nurse Coordinator

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PATIENT SUCCESS STORIES



Dawn Shockency

“At age 79, I was worried that I was too old to have this surgery. But my decision to go for it was the best decision in my whole life! I have no heartburn and I can eat pizza and spaghetti again. I haven’t felt this good in ages.”



SHAWN SPEED

“After the LINX procedure, I’m symptom-free and no longer taking acid-blocking medication. I can eat more spicy foods than before without having any issues or heartburn. It’s like I never had reflux.”



JUDY NELSON

“I struggled with symptoms of gastro-esophageal disease for more than 35 years. I’m delighted with the success of my treatment. After my LINX procedure, I have no acid reflux and I’m not taking any medication. I feel awesome.”



JOAN QUILLEN BRUCE

“What a night-and-day difference! I would highly recommend the LINX procedure. I can’t tell you how much it has changed my life. It’s so exciting to be able to bend over again without getting acid reflux. It was well worth the 50-mile drive to Riverwood to get this outstanding care and treatment.”



TABATHA PETERS

“The recovery time was minimal. I had very little pain. Two weeks after my Nissen procedure, I was GERD-free and have not had any problems with it since. I am a much happier person now. I recommend this procedure to anyone who has had GERD.”



STEVEN LADD

“Over two years, I had a series of ablations to destroy pre-cancerous cells in my esophagus in an effort to prevent the progression of reflux disease to esophageal cancer. My congestive heart failure complicated my reflux care, so I appreciate how the MRHC team made accommodations to make my endoscopy and ablation procedures go smoothly. My chest pain is gone and I can enjoy my meals again.”

