

EMPLOYEE HEALTH SCREENINGS

Riverwood Healthcare Center - Aitkin
200 Bunker Hill Dr.
Aitkin, MN 56431

October 9, 2018
6:00 AM - 12:00 PM
1:00 PM - 4:00 PM

October 10, 2018
6:00 AM - 12:00 PM

Tests Include: Chem 30, HbA1c reflex, TSH, CBC, Total Cholesterol, HDL, LDL, Triglycerides, fasting Glucose, Blood Pressure, Height, Weight, Waist Circumference and BMI.

eHealthScreenings
A Premise Health® company

REGISTRATION IS SIMPLE. JUST FOLLOW THESE STEPS.

TO SCHEDULE YOUR ONSITE APPOINTMENT:

1. Go to <https://www.ehealthscreenings.com/signup>.
2. If you have participated in a previous screening facilitated by eHealthScreenings, please enter your username and password in the [Returning User Sign-in](#) section. Enter the Screening Key: **HAY07** and click on [Click to Select](#). If you have not participated in a screening, please click on [Register Now](#) in the red box. Enter the Screening key: **HAY07** and click on [Register](#). Enter your assigned default username and password. For your assigned default username and password use the following format:

USERNAME: First Initial + Last Initial +DOB (MMDDYYYY) (example: John Smith born 4/23/1975 is JS04231975)
PASSWORD: LastName + last 4 SSN (example: John Smith social 123456789 is Smith6789)
****Username and Password are case sensitive.****
3. Click on [Click to Select](#) within the [Onsite Screening](#) section.
4. Use the drop down function to choose your desired date and time and click on [Register](#).
5. Select your Comfort Level by using the drop down function and click on [Finish](#).
6. Click on [Continue](#) to proceed or click on [Change my Answers](#) to make an adjustment to the previous question.
7. Accept each of the two EHS consent forms [Health Screening Consent](#) and [HIPAA Authorization](#). Please acknowledge both forms by checking the "I agree" box located at the bottom of each consent. Scroll bottom of the page to the [Signature](#) section. Enter first & last name and date. Click [Proceed to Confirmation](#) on the right hand side.
8. Once you have completed the sign-up process, a confirmation page will be generated for you to print for your records. You will also receive a confirmation email with the same information just after scheduling your appointment and 24 hours before your appointment time.

Register for Offsite Lab:

If you are unable to make the date listed for your onsite screening, you can choose to be screened at an offsite lab. To do so, login as listed above, and click on [Click to Select](#) within the [Offsite Lab Screening](#) section. Follow the instructions as prompted. Once complete, you will then receive confirmation of your registration and will be emailed a lab form and instructions on how to complete your screening.

REMEMBER: You must fast (no food) for 9 hours before your appointment. Please drink plenty of water. Continue to take any prescription medications. If you are diabetic, please consult your physician before fasting.

If you have any questions, please call EHS Customer Service at 888-708-8807, ext 1, Monday through Friday 8:00 am - 6:00 pm CST. *If there is not a representative immediately able to assist you, please press 3 and the next available representative will call you. This option will reduce your wait time.